

Who am I? Where am I going? And, with whom?

Warrior Monk transformative retreat

Warrior Monk is an experiential training designed to be truly integral – enhancing and intertwining one’s spiritual, emotional and psychological healing and growth.

In a powerful and elegant container, we practice a wide variety of transformational mind and heart-opening work, borrowing practical and grounded wisdom from many traditions. Blending intensive personal work with full immersion in retreat-like space grounds and reinforces deep growth and healing. Together, the participants and co-gender staff create a powerful and supportive cauldron for the work.

For 20+ years, we’ve consistently heard of the lasting impact of this work in people’s lives. We’ve learned well how to offer this work with safety, sweetness, fierceness and fun. Please consider joining us.

NOV 2-6, 2016

Charles Town, WV

**Claymont Court
Retreat Center**

claymont.org

Space limited to 22 participants.

Transform How You Engage Life

Learn how you create and sustain your ongoing reality with judgments, distractions, and doubt. Unwire old, reactive patterns and learn how to better use the mind for being present with and to what matters most.

Self-Acceptance and Blessing

Through awareness training and forgiveness work, access deeper compassion and appreciation of self and others.

Purpose and Calling

Explore your current purpose and mission—from who you authentically are—in this stage of your life.

Practical Mindfulness

Experience and embody the state of being that helps you consistently find your way back to the present and what’s truly important.

Everyday Life as Sacred

Get clear on what sacred means to you, and use it to craft an intentional, sacred life.

Participants pay for meals and lodging (\$430) and are asked to make a tax-deductible tuition contribution based on the value received and interest in supporting the work.

Dan McKee leads the Warrior Monk training. He brings an extensive background as student, teacher and leader many models and traditions—spiritual, philosophical and experiential psychology.



With staff: Pam Algar, Harry Pepper, Kay Harris, Richard Wiener and Mike Carleton